

Liberty Middle School Clubs & Programs

<u>All are welcome!</u> - Are you interested in helping students who have recently emigrated from other countries to become acclimated to life in America? In the All Are Welcome Club we will discuss fears, cultural differences and similarities, school and community services available, and answer any questions our new Liberty Eagles may have about life at Liberty and in America.

<u>Anime Club</u> - The anime club is a group for students interested in Anime, Manga, and other aspects of Japanese culture.

<u>Art Club</u> - Join us each month as we do various arts and get better as we learn new techniques for various mediums!

<u>Ballet Club</u> - Are you into ballet or interested in some of the basics? Join us as we practice and help each other learn some new skills!

Best Buddies - Members of Best Buddies will share their energy and enthusiasm as they work to enhance the lives of students with intellectual and developmental disabilities through various activities.

Board Games - Bring your favorite board games and play against others who enjoy the same games or find ones that you never knew existed!

Book Club - Do you love to read? Grab your latest book and have some uninterrupted time to read or find out what book you should read next!

Books to Movie - Do you enjoy reading books that have been made into movies? Come read books and then watch the movie to see how closely the film followed the book. Possible books we will be reading and watching the movie: The Hate U give, Wonder, Flipped, The Hunger Games and Freak the Mighty.

<u>Café S&S</u> - Come to Café S&S to relax, read a good book, draw, work on homework, and listen to music and just chill out with friends!

<u>Chess and Checkers</u> - Come play chess and checkers with your friends! Work on skills and strategies to help make yourself and others better players.

<u>**Cryptic Puzzles</u>** - Do you love doing puzzles? Join us as we crack some cryptic puzzles that bend the mind and make you think outside the box. We will also have some fun themed puzzles to collaborate on, too!</u>

Debate Club - Do you want to learn how to get your opinions across to debate and discuss topics with others and maybe win them to your point of view? Join us on Club Day and we'll show you the ropes to debate, public speaking, and thinking critically about our world and how others may view it in a safe and friendly environment.

Engineering - Join in a little friendly competition against other teams to build the longest bridge, highest tower, or whatever else you can imagine using different materials.

<u>Game Show Club</u> - Are you a trivia buff and know a little about everything? Join us to show off how much of a smarty pants you are for a different game show each month!

<u>**Girls Only!</u>** - Work with other girls that have similar goals as you and how to navigate through some of the toughest things that come up in life. Groups are split up by grade level so that you can talk about issues that are important to you!</u>

Spotlight

STEAM

Do you like to design and carry out challenging, innovative projects? Then this club is for you! Using Science, Technology, Engineering, Art, and Math, this club will focus on identifying campus projects that will not only improve the campus but enhance students' learning for many years to come.

Video Game Club

This club gives you an opportunity to create games using a visual programming language. The visual nature of the language allows for rapid design iteration using only a mouse and a keyboard. Easy and lots of fun!!

Connect Club

This club will be taking trips to Discovery Village each month to create relationships with our neighbors across the street! We will have a great time connecting with the residents doing various games and crafts!

LMS Athletics and Clubs

Basketball (1st Quarter)

This club is for students who would like to practice their basketball skills and learn how to get better through practice and games with each other. Volleyball (2nd Quarter)

This club is for students who would like to practice their volleyball skills and participate in competitive play.

Track (2nd Quarter) Soccer (3rd Quarter)

Do you enjoy watching, playing, and talking about soccer? If so, join the soccer club where you will meet friends who enjoy the sport as much as you do. Flag Football

(4th Quarter)

Are you interested in playing Flag Football? Awesome! This is the club for you. Ideal for Boys and Girls who like playing flag football. Come out and play with coaches as they show you tips and skills that can help you improve your game.

For more information visit us on the web at: liberty.mysdhc.org

Liberty MS Clubs & Programs Continued...

<u>Mandala Makers</u> - Do you enjoy coloring the intricate mandala designs, but never have enough time to finish them? Are you looking for a therapeutic way to relax and be creative at the same time? Join us to color and relax while working on mandalas! <u>Meditation Club</u> - Meditation club promotes healthy ways of thinking. During each meeting we will meditate. We welcome all students, regardless of their level of understanding and practice. Through meditation we will be developing skills that help us respond better during the challenges of the day. Please bring a yoga mat or towel. <u>Movies</u> - Do you enjoy a great movie? Join us for discussions on recent movies and watch some of the most recent releases with your friends!

<u>Multi-Cultural Club</u> - Join us to experience the food, music, language, sights, and destinations throughout the globe! Our goal is to increase awareness and understanding of world cultures amongst Liberty students, to offer a variety of multicultural activities, and to promote respect and acceptance of students from all cultures by celebrating diversity.

Orchestra Help - Have you wanted to learn some of the basics of string instruments, but don't have the time in your schedule? Join us as orchestra students help teach the basics to beginners in the Orchestra Help club!

P.R.I.D.E. Club - P.R.I.D.E. (Peers Representing Inclusion & Diversity for Everyone) is a student led club for ALL students who take pride in understanding the importance of inclusion and the strength in supporting diversity. It is a safe space for the LGBTQ community and supportive peers.

Random Acts of Kindness - Do you enjoy giving others a feel-good moment and making someone else's day better? Join us for small community service projects in and around the school to make Liberty a little bit brighter!

Rescue Me! Pet Club - Students will use their own ideas including social networking ability to help find homes for homeless pets and to do fun things in the community. Our goal is also to bring awareness about the natural world we live in and encourage volunteerism making our community a better place.

<u>Science Fiction</u> - Do you LOVE watching science fiction/fantasy movies or shows? Then this club is PERFECT for you! In this club, we will be watching and reviewing recent science fiction/fantasy movies. This club is open to anyone!

<u>Walking Club</u> - Log steps on your device while walking the Liberty campus. Set individual step goals each Club Day. End your day with a leisurely Liberty stroll. Proper footwear required: No sandals, flip-flops, heels, slides, etc. Sneakers highly recommended. Bring a water bottle and some pep in your step!

Yoga - Take time to relax and de-stress in a calm atmosphere with others. We work on ways to breathe through our stress and become more flexible at the same time.



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